

University of Pretoria Yearbook 2016

Food composition and applied nutritional programmes 364 (VW 364)

Qualification	Undergraduate
Faculty	Faculty of Natural and Agricultural Sciences
Module credits	18.00
Programmes	BSc Food Science BSc Nutrition
Prerequisites	FST 351 and FST 352 or TDH
Contact time	2 lectures per week, 1 practical per week
Language of tuition	English
Academic organisation	Food Science
Period of presentation	Semester 2

Module content

Generation, interpretation and application of food composition data in nutrition programmes. Chemical composition of foods: sampling for food analysis, assessing methods of food analysis for inclusion in food composition data. Interpretation of food composition data. Nutritional labeling of food. Use of nutritional data in food formulations. Dietary supplementation, enrichment and fortification of foods.

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